

What delegates have said about our courses:

Note and Minute Taking Skills

“Could not have been better. Made a fairly boring subject interesting and fun. A very inspiring and thought-provoking course.”

Joe Curran, London Borough of Lewisham

Stress Management

“We learned new techniques in enjoyable, well structured, down-to-earth sessions.”

Ramila Patel, London Borough of Brent

CV Writing & Career Development

“Petal is an excellent trainer. I am so proud of my CV now I am ready to go and get my dream job.”

Mosun Ayo-Vaughan, London Borough of Lewisham

Training the Trainer

“Great course, great trainer, good materials shared.”

G. O'Donnell, Deputy Manager, LB Tower Hamlets

Skills to Deliver: Stress Management Training

“This is the best training I have had in a long time. Very comfortable, relaxed atmosphere.”

Sonia Banhan, Hackney Community Services

Team Awayday

“The course facilitator was excellent and I got to know my roles and team (implement, interface) better.”

Olayinica Erinfolami, London Borough of Lewisham

Presentation Skills

“The trainer was excellent and explained the most appropriate and effective way to present your skills.”

Helen Smith, Care Manager, LB Tower Hamlets

Time and Career Management

“A very good and enlightening course that allows you to reflect on both your work and private life..”

Tracey Morgan, LB Hammersmith & Fulham

Shaping your Management Practice

“The managers who attended found the training to be excellent, both the course and the standard of your training skills. I would have no hesitation in recommending the course in the future.”

Mark Warren, Senior Manager



PLM Development Services Ltd started as a Human Resource Development Consultancy, interacting and working with public sector organisations to provide learning, training and development opportunities.



Petal L. Miller

The company has expanded into a Business Development organisation that fervently believes in developing people and businesses of today for tomorrow. This is embedded in our vision which is **To ... Inform, Influence, Shape, Change.** The organisation works with and through a diversity of individuals, teams, groups and communities in all sectors.

The Consultancy's strengths lie in its ability to deliver innovative, bespoke, cost-effective services that are of the highest quality. PLMDS understands the needs and aspirations of its clients and is totally flexible in its approach. The Consultancy is renowned for its creative and incisive interventions. These include our highly rated skills development portfolio of Career and Self Management, Supervisory and People Management, Leadership Development, Stress Management, Information, Communication and Technology, Equalities and Diversity, Management Development, Customer Services, Team Building, Care Skills Development, Personal Finances, Training for Trainers, Executive Coaching and Business Support Services.

The Consultancy also provides and hosts:

- Motivational speakers
- Seminars
- Conferences
- Workshops

Programmes and courses are delivered by associates who are exceptionally skilled professionals within their respective disciplines. This capitalises on our growing expertise and provides the impetus to work with organisations to assist them in **all** aspects of their business growth and success.



- ◆ **Have you ever looked in the mirror and thought: ‘They don’t make good mirrors like they used to!’?**
- ◆ A singer once sang: ‘I’m talking to the man in the mirror. I’m telling him to change his ways’.
- ◆ **Have you ever looked in the mirror and said: ‘I don’t like what I see’?**
- ◆ How do you see yourself?
- ◆ **The way you see yourself now, will determine what you become, will determine your self-esteem, your worth, your value and your importance.**
- ◆ People treat you the way you see and treat yourself! The boundaries that you set yourself!



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